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Dec 17, 2024 18:02 GMT

South Africa Women v England Women Test match day three: England seal dominant victory

England Women secured a first Test win since 2014 with a 286-run victory over South Africa in Bloemfontein.

Set 351 to win, seamer Lauren Bell starred for England, taking 4-27, while spinner Sophie Ecclestone finished with 2-7 as the Proteas ended on 64 all out.

England started the day with a lead of 145 and were bowled out for 281 shortly before tea, with captain Heather Knight scoring 90.

Bell took the key wicket of captain Laura Wolvaardt for four and Lauren Filer bowled Anneke Bosch as the hosts lost seven wickets for just 42 runs, with Marizanne Kapp's 21 a noticeable contribution.

South Africa's Nonkululeko Mlaba, took 6-67 to finish with 10 in the match.

The victory means England end their tour of South Africa having won the ODI, T20 and Test series'.

Heather Knight's post-match media conference is available to watch and download here.

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